



# PALENCIA

## COMMUNITY COMPASS

*Discover Palencia ~ Your Map to Community Living and Exploration*  
April 2025 Edition

# AMENITY HOURS

[Click Here for the Palencia Online Calendar](#)



## MC Amenity Center and Pools

Pools

Sunday through Saturday

9:00 AM - 8:00 PM

Slide

Closed for the Winter Season

Center

9:00 AM - 8:00 PM

## Palencia Tennis

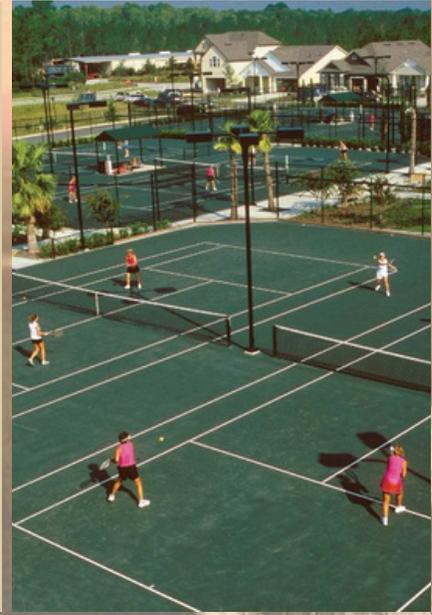
Courts available

7:00am - 10:00 PM daily

Tennis Shop Hours of Operation

Monday-Friday 8:00 AM - 7:00 PM

Saturday & Sunday 8:00 AM - 4:00 PM



## Sweetwater Swim & Fitness Center

[CLICK HERE for Current Hours and Information](#)

# EGG HUNT!

THIS EVENT IS FOR REGISTERED AMENITY CENTER RESIDENTS AND UP TO 4 GUESTS ONLY. PLEASE HAVE YOUR AMENITY CARD AT CHECK IN.



Easter  
EGG HUNT

SAT. APRIL 5TH

10am-12pm

Amenity Center Family Pool Deck

~Easter Bunny~Egg Hunt~Rad Ringo's Donuts~

This event is for registered Amenity Center residents and up to 4 guests only.

**Hunt Times:**

Check in begins at 9:30  
~10:30: Ages 4 and under  
~11:00: Ages 5-8  
~11:30: Ages 9-12

# FITNESS CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 <b>APRIL FOOLS</b>	2 PICKLEBALL LEAGUE	3 SW CDD MEETING 4PM FITNESS CENTER	4	5 Sound Healing With Lina 4-5pm \$
6	7	8	9 PICKLEBALL LEAGUE	10	11	12
13 Triathletes info meeting 4-5pm <b>SWIM-A-THON</b>	14	15	16 PICKLEBALL LEAGUE	17	18 NO SCHOOL	19 World Tai Chi DAY
20  HAPPY EASTER	21	22	23 PICKLEBALL LEAGUE	24	25	26 
27	28	29	30 PICKLEBALL LEAGUE			

  
**SW FITNESS APRIL 2025**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am HIIT H		6:00am HIIT H				
	8:30am Cardio X Training M/H	8:45am Spin M/H	8:30am Cardio X Training M/H			
9:00am Pilates M		10:00am Yoga E		9:00am Gentle Yoga E	9:00am Zumba/Zumba Toning M	
10:15am Spin M/H	10:00am Cardio/Core E/M	10:30am Meditation E	10:00am Strong All Over E			
11:10am Senior Stretch E	11:00am Senior Mat Pilates E		11:00am Senior Mat Pilates E			4:00pm Yoga E/M
	12:30pm Tai Chi E		12:30pm Tai Chi E	12:00pm Senior Stretch E	<b>Fitness Center:</b> <a href="tel:9048298584">(904) 829-8584</a> <b>Amenity Center:</b> <a href="tel:9048100520">(904) 810-0520</a> E= Easy M= Medium H= Hard 4/1/2025	
		3:05pm Kids Fitness E				
	5:15pm Yogalates M	5:15pm Power Yoga M/H				
6:00pm Pilates Barre M/H	6:30pm Power Pump M/H		6:00pm Zumba M			

## Fitness Schedule



# FITNESS CENTER



Name: Yin & Meditation Sound Healing Workshop

Date: Saturday, Apr 5th

Time: 4:00 pm - 5:00 pm

Fee: \$15 per person paid to the instructor - see contact below for specifics

Who can come: It's for everyone. All you need to do is to bring your yoga mat.

Instructor: Lina Hermez, she is a certified 500-hour Advanced Yoga teacher who finished her studies in the Himalayan Mountains of Nepal.

This workshop is designed to introduce and deepen your self-exploration journey through the chakra system. Sound healing is one of the most effective ways that we can use to balance our chakras to clean up outdated, dysfunctional or negative programming that may be getting in the way of living our best life.

Sound Healing is an ancient meditative practice that uses different musical implements to create healing vibrations around the body in a meditative state. Lina will use Quartz crystal bowls and ancient Tibetan metal bowls that are tuned at strategic frequencies for healing different parts of the body and mind.

In addition, dynamic breathing, Asanas (yoga poses) and meditation to build physical vitality and spiritual consciousness will be incorporated to the class. The goal is to increase your self-awareness by silencing your mind. You leave feeling so relaxed and peaceful, yet your body is flowing with positive energy.

**For questions and to reserve a spot contact Lina at  
[lina.hermez@gmail.com](mailto:lina.hermez@gmail.com)**

# FITNESS CENTER



## Looking for Beginner Triathletes

Have you ever thought of doing a triathlon? Do you run and ride a bike but aren't sure about swimming? We are hosting a meeting for residents that would like to know more about or how to get into Triathlons. Experienced Athletes, Sprockets Bike Shop and First Place Running will be onsite to answer questions and share in their experiences.

**Date: Sunday, April 13th**

**Time: 4:00 pm-5:00 pm**

**Location: Palencia Swim and Fitness Center, 1865 North Loop Pkwy**

**Cost: Free**

**No registration and any resident that is 18 years of age or older is welcome to attend.**

# TENNIS



## 13<sup>th</sup> Annual Camp Boggy Creek Tennis Tournament for Charity Apr 10, 11, 12 & 13

Courts will be closed to resident play from 1:00 p.m. Friday, April 11th through Sunday, April 13th. Courts might re-open for evening play on Sunday. Please call the Tennis Center for updates.

**Raffle\* and Pro Exhibition  
Event:**

**Friday, April 11th**

**5:30-9:00 p.m.**

**Pro Exhibition at 6:00!**

A Food Truck will be available  
Friday night!

\*Raffle event will be staffed by  
volunteers only and all the monies  
collected will go directly to Camp  
Boggy Creek.

**VOLUNTEER**

We need youth volunteers for the  
Camp Boggy Creek Tournament on  
April 10th, 11th, 12<sup>th</sup> and 13th.  
Shifts are available for all days.

Please contact Barbara Colton at  
[coltonbarbara@gmail.com](mailto:coltonbarbara@gmail.com) if you are  
interested.

## APRIL NEWSLETTER

### Youth Tennis:

**No youth classes on  
Thursday, 4/10.**



Parent/Youth Round Robin:

Saturday, 4/26

12:00-2:00 p.m.

\$25/team

Come out for a fun afternoon of  
tennis with your child! Let them  
show you what they've learned  
and have some fun too! Your  
child must be able to serve and  
keep score in order to  
participate. Sign up in the office!



Youth Pizza Tournament

Friday, 4/18

11:00 am-1:00 pm

\$10/player

Sign up in the tennis office!

Summer youth class schedules  
will come out mid-April for sign-  
up. Emails will be sent with  
details.

### EASTER CLOSING:

The Tennis Shop will be closed on  
Easter Sunday, April 20th. The  
courts will be first come/first serve  
and no lights will be available.



Ladies Tennis:

No clinics on Monday, April 14th

Ladies summer camp information  
will come out mid-April for sign-up.  
Emails will be sent with details.

**SAVE THE DATE**

Dos de Mayo Tennis Social

Friday, May 2nd 6:00-9:00 p.m.

Come out and enjoy some round robin  
tennis, snacks and drinks! Sorry adults  
only!



Palencia Tennis Center  
904-825-4012

[palenciatennis@marshallcreekcdd.com](mailto:palenciatennis@marshallcreekcdd.com)

Tom Salmon-Director of Tennis

[tom.salmon@marshallcreekcdd.com](mailto:tom.salmon@marshallcreekcdd.com)

Galina Boles-Head Pro

[galina.boles@marshallcreekcdd.com](mailto:galina.boles@marshallcreekcdd.com)

Jana McDonald-Tennis Pro

[janatennispro@gmail.com](mailto:janatennispro@gmail.com)

Myron Grunberg-Tennis Pro

[Myron49@aol.com](mailto:Myron49@aol.com)

# TENNIS



## YOUTH PIZZA TENNIS TOURNAMENT

Friday, 4/18 11:00 a.m.—1:00 p.m.

For youth in Intermediate/Tournament Development youth

Cost is \$10/player  
All players will get pizza and drinks.

Please sign up in the tennis office or call at 825-4012 or email  
at  
[palenciatennis@marshallcreekcdd.com](mailto:palenciatennis@marshallcreekcdd.com)



## Parent/Youth Tennis Round Robin

**WHERE:** Palencia Tennis Center

**WHEN:** Saturday, April 26th  
12:00-2:00pm

**DETAILS:** Come out for a fun afternoon of tennis with your child! Let them show you what they've learned and have some fun too! Child must be able to serve and keep score.

**HOW MUCH:** \$25/team - Drinks/Snacks will be provided.

**HOW:** Please sign up in the Tennis Pro Shop or call at 825-4012

# AMENITY CENTER

April 2025

PALENCIA  
A Story of Discovery, Exploration, and Settlement

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2	3 5-6PM EYE SPECIALIST LUNCH & LEARN  ARE CATARACTS CLOUDING YOUR WORLD?	4	5 EGG HUNT 10AM-12PM 
6	7	8 4:30-7PM CHICK-FIL-A 	9	10	11	12
13	14	15	16 4PM MCCDD BOARD MEETING 	17	18	19 10-11AM SHRED TRUCK 
20 EASTER SUNDAY 	21	22	23	24	25 5:30-7:30PM TRIVIA NIGHT 	26
27	28	29	30	1	2	3



# AMENITY CENTER

## Fitness Class Schedule

### Les Mills BODYCOMBAT

Mondays at 9:00am with Heather S.

### Les Mills BODYPUMP

**\*Tuesday-Friday\***

at 10:00am with Crispin

**\*To ensure a safe and effective experience due to the intensity of BodyPump, Les Mills recommends that attendees avoid taking the class on consecutive days. Residents may RSVP for either the Monday/Friday or Tuesday/Thursday sessions.\***

### CARDIO STEP

Wednesdays & Fridays

at 8:45am with Crispin

### Les Mills BODYBALANCE

Saturdays at 10:00am with Steven R.

## Aqua Fitness Schedule

**\*\*\*Season starts April 28th\*\*\***

Season ends Sept 30th

### Aqua Aerobics

Mondays at 8:30am with Miranda

### Aqua Zumba

Tuesdays at 9:00am with Laura

### Aqua Aerobics

Saturdays at 9:00am with Patty

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fitness Classes</b>							
8:30am Aqua Aerobics (April 28 <sup>th</sup> )			8:45am Cardio Step		8:45am Cardio Step		
9:00am Body Combat	9:00am Aqua Zumba (April 29 <sup>th</sup> )					9:00am Aqua Aerobics (May 3 <sup>rd</sup> )	
10:15am Virtual Body Pump	10:00am Body Pump	10:00am Body Pump	10:00am Body Pump	10:00am Body Pump	10:00am Body Pump	10:00am Body Balance	
<b>Dance/Cheer</b>							
4:15-5pm 6-10 yr old Lyrical	4:15-5pm 3 yr old Ballet/Tumb	4:15-5pm 4 yr old Ballet/Tumb	4:30-5:15pm 2 yr old Ballet/Tumb				
	5-6:15pm 10-12 yr old Ballet/Jazz	5-5:45pm 5-6 yr old Ballet/Jazz/Tumb					
		5:45-6:30 7-9 yr old Ballet/Jazz	5:45-6:30 Creative movement				

## APRIL

## AMENITY CENTER CLASSES

# MORE APRIL EVENTS

**Florida Eye Specialist  
Lunch & Learn**  
**April 3rd**  
5-6pm



**ARE CATARACTS CLOUDING YOUR WORLD?**  
Let's clear things up



Come join us to learn about cataract surgery  
**APR 3rd**  
5:00 P.M. - 6:00 P.M.  
The Gathering Room at Palencia  
625 Palencia Club Drive  
St. Augustine, FL 32095  
Dinner will be provided!

Presented By  
**Jason Miles M.D.**

RSVP:  
[marketing@floridaeyespecialists.com](mailto:marketing@floridaeyespecialists.com)

**Palencia Egg Hunt**  
**April 5th**  
10am-12pm



**Easter EGG HUNT**

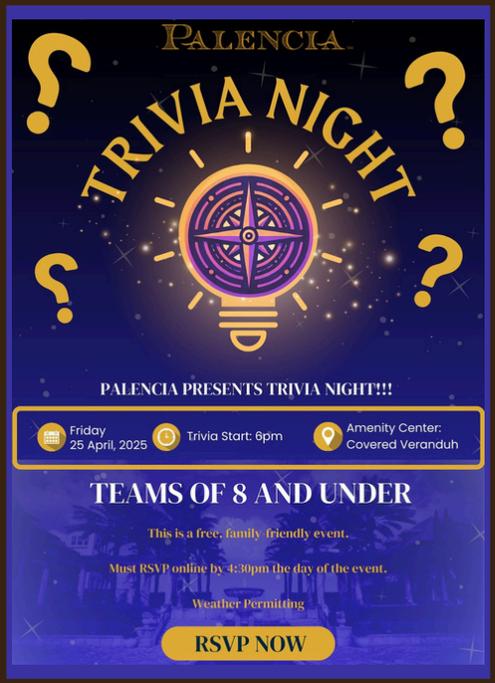
**SAT. APRIL 5TH**  
10am-12pm  
Amenity Center Family Pool Deck  
~Easter Bunny~Egg Hunt~Rad Ringo's Donuts~  
This event is for registered Amenity Center residents and up to 4 guests only.

**Hunt Times:**  
Check in begins at 9:30  
~10:30: Ages 4 and under  
~11:00: Ages 5-8  
~11:30: Ages 9-12



**Chick-Fil-A**  
Second Tuesday of the Month  
**April 8th**  
5:00-7:30pm or until sell out

**Trivia & Food Truck Night**  
**Friday, April 25th**  
5:30-8:00pm



**PALENCIA TRIVIA NIGHT**

PALENCIA PRESENTS TRIVIA NIGHT!!!

Friday 25 April, 2025 Trivia Start: 6pm Amenity Center: Covered Verandah

**TEAMS OF 8 AND UNDER**

This is a free, family friendly event.  
Must RSVP online by 4:30pm the day of the event.  
Weather Permitting

**RSVP NOW**

**Inspired @  
Palencia Social**  
**April 30th**  
More info coming soon...

**Shred Truck Event**  
**April 19th**  
10-11am



Up to 100lbs per resident \$20 Cash Only

**Shredding Truck**

**APRIL, 19TH**

**10:00 AM - 11:00 AM**  
Front of Amenity Center

\*\* Cash payments will be accepted directly by the shred vendor. Payment is not handled by MCCDD staff\*\*

COMING THIS SUMMER!  
REGISTER NOW!

For kids entering 3rd-6th



**BOOKED**

INTERACTIVE BOOK CLUBS FOR KIDS



**SUMMER CAMPS**

Booked Clubs offers interactive book themed camps throughout the summer in St. Johns County. Join a 4-Day or Single Day Camp today.



**PALENCIA SINGLE DAY CAMPS**

Booked single day camps will meet at the Palencia Amenity Center, from 3:30 pm to 5:30 pm. Cost is \$50 per camp.



**Nerd Camp**  
6/10



**Fish Finelli**  
6/24



**A Dragon's Guide to the...**  
7/8



**Survival Tails: The Titanic**  
7/22

**REGISTER TODAY!**  
GET YOUR CHILD BOOKED FOR THE SUMMER.



Booked ALSO offers 4-Day Camps at Lakeside Academy.

**4-DAY CAMPS**

Booked 4-day camps will meet Monday through Thursday, each week at Lakeside Academy from 9:00 am to Noon. Cost \$300 per camp.



**Wild Robot Week**  
June 9th -12th  
Themes: Robotics, Zoology

**Area 51 Files Week**  
June 23rd-26th  
Theme: Outer Space

**I Survived Week**  
Graphic Novels  
July 7th -10th  
Themes: History, Science, Art

**Harry Potter Week**  
July 14th -17th  
Theme: Fantasy

REGISTER NOW AT [WWW.BOOKEDCLUBS.COM](http://WWW.BOOKEDCLUBS.COM)

# COMMUNITY CLUBS

[Click Here for the Palencia Online Calendar](#)



**Palencia Game Club**  
Monday's at 11am



**Mah Jongg**  
Monday's at 1pm



**Men's Bible Study**  
Monday's (Except last Monday)  
7pm



**Ladies Canasta Club**  
Tuesday's  
10am



**Palencia Gems Club**  
TBD



**Palencia Ladies Book Club**  
Third Tuesday  
4pm



**Just Books Club**  
Third Wednesday  
12pm



**Farkle**  
Thursday's  
12:30pm

# MARCH HIGHLIGHTS

## SPRING FESTIVAL



## KARAOKE NIGHT!!



# New Feature

## BREAKING NEWS

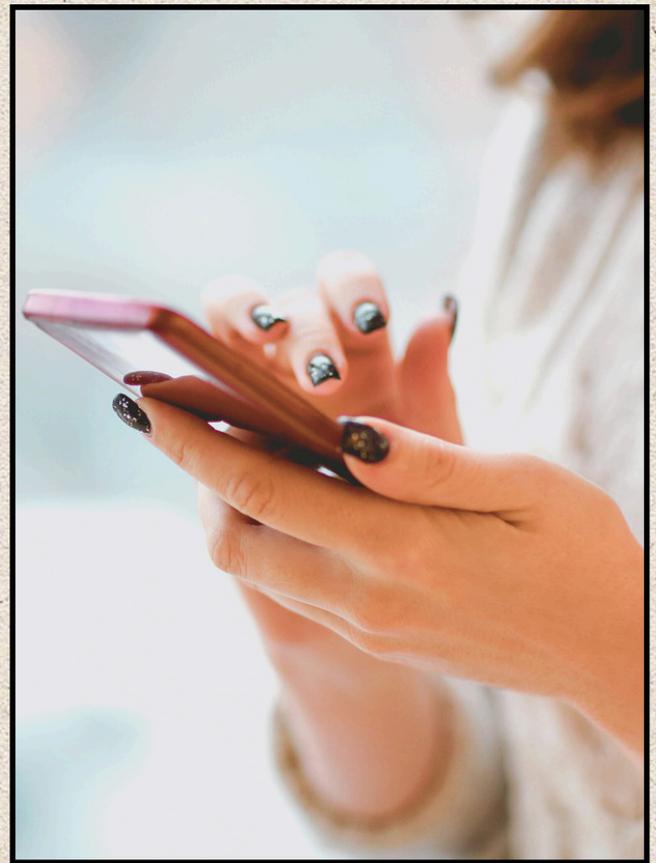
### Introducing text/SMS message notifications for PalenciaOnline.

We're excited to announce a new way to stay connected with CDD news and updates! PalenciaOnline is introducing a text/SMS notification service to ensure you receive timely information straight to your mobile devices.

By subscribing to our text notifications, you'll get:

- Instant Alerts: Receive urgent updates and reminders directly.
- Community News: Stay informed about events, maintenance schedules, and more.
- Important Announcements: Meeting reminders, facility schedule information, etc.

To join, click here from your mobile phone or other device. Standard messaging rates apply.



[REGISTER HERE](#)



Your privacy is important to us. You can unsubscribe at any time by responding to any Palencia text with the word "Stop". We value your participation and look forward to keeping you informed through this convenient new communication tool.

Thank you for being part of our Palencia community!

# PALENCIA

## Onsite CDD Management Contacts

### General Manager

Jodi Moore

jmoore@vestapropertyservices.com

### Assistant General Manager

Denise Powers

dpowers@vestapropertyservices.com

### Fitness Center Manager

Erin Gunia

egunia@rmsnf.com

### Operations Manager

Dan Wright

dwright@rmsnf.com

Please call (904) 810-0520 for a new resident appointment.

## CDD Information

### Marshall Creek CDD Meeting

#### Board Meeting

**4/16 at 4PM**

At the Amenity Center

### Sweetwater CDD Meeting

#### Board Meeting

**4/3 at 4pm**

At the Fitness Center

The meetings are open to the public and will be conducted in accordance with the provisions of Florida law for Community Development Districts.

There may be occasions when one or more Supervisors will participate by telephone. The meetings may be continued in progress to a time, date, and location stated on the record without additional publication of notice.

Any person requiring special accommodations at these meetings because of a disability or physical impairment should contact the District Office for your CDD. For Marshall Creek call (954) 603-0033, for Sweetwater call (904) 940-5850, at least 48 hours prior to the meeting. If you are hearing or speech impaired, please contact the Florida Relay Service at 7-1-1 for aid in contacting the District Office.

Each person who decides to appeal any action taken by the Board with respect to any matter considered at these meetings is advised that person will need to ensure that a verbatim record of the proceedings is made, including the testimony and evidence upon which such appeal is to be based.