

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1.
2.	3.	4. Pickleball Agility Clinic 6-8pm \$	5. Meditation 10:30am Power Yoga is cancelled at 5:15 this week only	6. SW CDD meeting 4pm @ Fitness Center Zumba 6:30pm	7.	8. Pickleball Clinic Hitting Drops from Everywhere 9-11am \$
9. 	10.	11. Pickleball Clinic-Specialty Shots 6-8pm \$	12. Meditation 10:30am	13. Gym Area Closing at 6pm	14. Gym Area Closed all day 	15. Gym Area Closed all day Pickleball Clinic How and When to Attack 9-11am \$
16.	17. Regular Hours 5am-9pm 	18. Pickleball Clinic Beginners 6-8pm \$	19. Meditation 10:30am	20.	21.	22. Pickleball Clinic Fundamentals 9-11am \$
23.	24.	25. Pickleball Clinic The Backhand 6-8pm \$	26. Meditation 10:30am	27.	28.	



February 6th
Sweetwater
CDD MEETING
4pm at the
Fitness Center



The Sweetwater Creek Community Development District Board of Supervisors Meeting is scheduled for Thursday, February 6, 2025 at 4:00 p.m. at the Fitness Center, 1865 N. Loop Parkway, St. Augustine, Florida 32095.

CDD MEETING AGENDA

Following is the agenda for the meeting:

- I. Roll Call
- II. Public Comment (limited to three minutes)
- III. Approval of the Consent Agenda
 - A. Minutes of the January 9, 2025 Board of Supervisors Meeting
 - B. Financial Statements
 - C. Check Register
- IV. Staff Reports
 - A. Landscape Team – Maintenance Report
 - B. District Engineer
 1. Update Regarding Land Use of Parcel Conveyed to CDD
 2. Ratification of Proposal to Adjust the PUD
 3. Acceptance of the 2024 Public Facilities Report
 - C. District Counsel
 - D. District Manager
 1. Financial Update – Report from S&P Global Ratings
 2. Review of Preliminary Cost Share True-Up Invoice
 - E. Field Manager – Report
 - F. Director of Amenities – Report

V. Consideration of Amendment to Agreement with Riverside Management Services for Amenity and Field Management Services

VI. Update Regarding Capital Project Plan

VII. Other Business

VIII. Supervisor Requests / Public Comment

IX. Next Scheduled Meeting – Thursday, March 6, 2025 at 4:00 p.m. at the Fitness Center, 1865 N. Loop Parkway, St. Augustine, Florida 32095

X. Adjournment

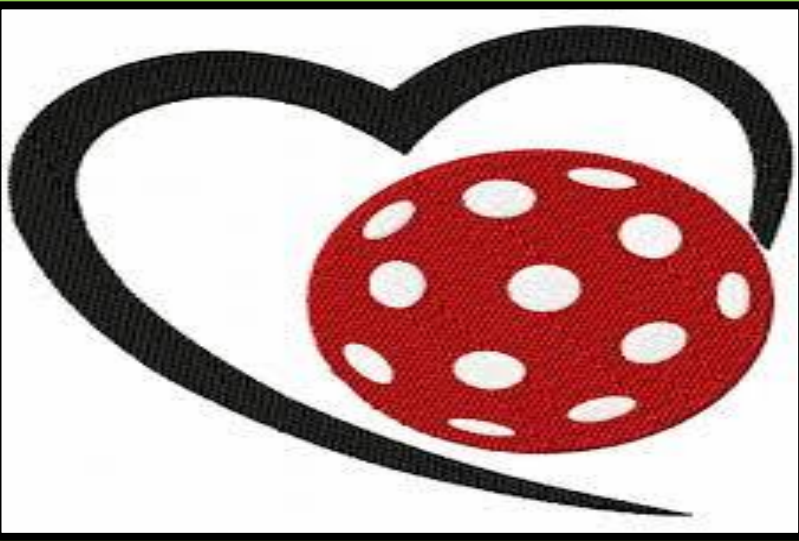
PUBLIC CONDUCT: Members of the public are provided the opportunity for public comment during the meeting. Each member of the public is limited to three (3) minutes, at the discretion of the Presiding Officer, which may be shortened depending on the number of speakers. Speakers shall refrain from disorderly conduct, including launching personal attacks; the Presiding Officer shall have the discretion to remove any speaker that disregards the District's public decorum policies. Public comments are not a Q&A session; Board Supervisors are not expected to respond to questions during the public comment period.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am HIIT H		6:00am HIIT H				
	8:30am Cardio X Training M/H	8:45am Spin M/H	8:30am Cardio X Training M/H			
9:00am Pilates E/M					9:00am Zumba/Zumba Toning M	
10:15am Spin M/H	10:00am Cardio/Core E/M		10:00am Strong All Over E			
11:10am Senior Stretch E	11:00am Senior Mat Pilates E	10:30am Meditation E	11:00am Senior Mat Pilates E			4:00pm Vega E/M
				12:00pm Senior Stretch E	<p><u>Fitness Center:</u> <u>(904) 829-8584</u></p> <p><u>Amenity Center:</u> <u>(904) 810-0520</u></p> <p>E= Easy M= Medium H= Hard</p> <p>2/1/2025</p>	
		3:30pm Kids Fitness E				
	5:15pm Vogalates E/M	5:15pm Power Yoga M/H				
6:00pm Pilates Barre M/H	6:30pm Power Pump M/H		6:00pm Zumba M			

FITNESS SCHEDULE



Pickleball February Clinics



Tuesday, Feb. 4 6:00 - 8:00

Specialty Shots!

- Learn how to hit the ATP, the ERNE as well as Slice and Rolling Dinks!

Saturday, Feb. 8. 9:00 - 11:00

Pickleball Agility – All Levels

Ever get out of position? Lose your balance? Yeah, me too! Worry not! We have just the thing for you! Join us for a night of cardio and footwork. The right footwork makes ALL of your shots better!

- This is a VITAL class if you want to improve!

Tuesday, Feb. 11. 6:00 - 8:00

Next Level Lob, Overhead and Volley – Intermediate/Advanced

These shots are holding you back! You cannot practice these enough! Learn how to execute these shots strategically to put you in the best position to either win a point or just stay in it!

Saturday, Feb. 15. 9:00 - 10:00 & 10:00 - 11:00

Game Strategy

- Two one hour sessions to break down game strategies. learn how to execute the right shot at the right time. Learn the importance of patience and how to frame a point to get the desired result. Break down the game in a way that will improve your skills exponentially!! Get four people together and sign up!

Tuesday, Feb. 18. 6:00 - 8:00

Volley Masterclass

- work on playing the ball out of the air with control and purpose from every position on the court!

Saturday, Feb. 22. 9:00 - 11:00

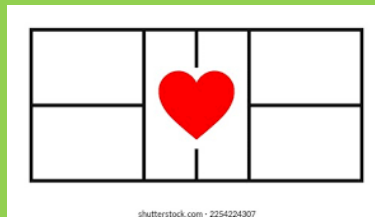
Forehand

- Think this is your best shot and don't have to practice? Think again! Learn the correct fundamentals (Grip, footwork, strategy) to optimize this shot from every position on the court!

Tuesday, Feb. 25. 6:00 - 8:00

The Ultimate Dink Clinic!!

- Tired of your points ending after just three, maybe four shots? Let's teach you how to get into a dink battle to consistently win at the Kitchen! We will also work on when to speed up the point by learning how to exercise patience and make great choices! Let's make your hands and reflexes faster while we are at it! We will put this practice into action by showing you drills that can turn into games for that competitive edge! It does not matter if you have taken this class before! Get a reboot!



To Sign up for a Clinic, Group or
Private lesson contact Darcy
904- 891-6573



Sweetwater Fitness Winter
Lap Pool Hours
Monday – Friday 7am-6:30pm
*Sat/Sun is week to week weather permitting

NEW STRENGTH EQUIPMENT COMING SOON!!!!

Feb 13th the FITNESS CENTER GYM AREA
will close at 1pm February 13th.

February 14th the GYM AREA will be closed
ALL DAY- (classes will resume as normal)

Feb 15th the Gym area may be closed
depending on completion of the install.
(classes will resume as normal)

* All Aerobic classes, Pickleball , Lap Pool, Zen room and Functional fitness activities can continue as normal

SW Spring Pickleball

LEAGUE

ALL INTERMEDIATE AND ADVANCED PICKLEBALL PLAYERS, THE SPRING 2025 LEAGUE IS GETTING READY TO START. THE LEAGUE WILL RUN FOR NINE (9) WEEKS BEGINNING WEDNESDAY, MARCH 12TH THRU WEDNESDAY MAY 7TH. THE LAST DAY, MAY 7TH WILL BE THE SOCIAL AND TOURNAMENT EVENT.

THE FORMAT WILL BE THE SAME AS THE FALL SESSION. PICK A PARTNER, OR HAVE ONE ASSIGNED TO YOU, AND THE TWO OF YOU WILL BE TEAMMATES FOR THE ENTIRE SPRING SESSION. WE WILL BE LIMITING THE NUMBER OF TEAMS TO 20 AND ALLOW FOR 4 ALTERNATES.

SIGN UP BEGINS ON FEBRUARY 24TH SO START DECIDING WHO YOUR PARTNER WILL BE, AND REGISTRATION WILL END ON MARCH 7TH. TO REGISTER, AFTER FEBRUARY 24TH, CONTACT THE LEAGUE ADMINISTRATOR, DAN COLIN AT: PAD_C@SBCGLOBAL.NET OR VIA TEXT: 224-766-0478.

UNLIKE THE FALL SESSION, RANKING AND POINTS WILL MATTER THIS SEASON AS THE TOP 4 TEAMS WILL GET A BYE FOR THE FIRST ROUND AT THE TOURNAMENT. MORE DETAILS AND THE RULES WILL BE FORTHCOMING TO ALL THE SIGNED-UP PARTICIPANTS.

LOOKING FORWARD TO ANOTHER GREAT LEAGUE SESSION.

