



# PALENCIA

## COMMUNITY COMPASS

*Discover Palencia - Your Map to Community Living and Exploration*  
February 2025 Edition

# AMENITY HOURS

[Click Here for the Palencia Online Calendar](#)



## MC Amenity Center and Pools

Pools

Sunday through Saturday

9:00 AM - 8:00 PM

Slide

Closed for the Winter Season

Center

9:00 AM - 8:00 PM

## Palencia Tennis

Courts available

7:00am - 10:00 PM daily

Tennis Shop Hours of Operation

Monday-Friday 8:00 AM - 7:00 PM

Saturday & Sunday 8:00 AM - 4:00 PM



## Sweetwater Swim & Fitness Center

[CLICK HERE for Current Hours and Information](#)

NEW!!!  
IN FEBRUARY



PALENCIA PRESENTS KARAOKE & FOOD TRUCK NIGHT!!!



Friday  
14 Feb, 2025



5:30-7:30pm



Amenity Center:  
Covered Veranduh

THEME OF THE MONTH



Sing your heart out!

This is a free, family friendly event!  
Song requests do not have to follow the theme.

Weather Permitting

# FITNESS CENTER



ALL OF THE NEW EQUIPMENT IS ON THE WAY!  
WE ARE REPLACING ALMOST 100% OF  
THE INDIVIDUAL PIECES OF STRENGTH  
EQUIPMENT IN THE FITNESS CENTER. THIS IS  
A VERY BIG JOB. TO BE ABLE TO ACCOMPLISH  
THIS FEAT, WE WILL NEED TO CLOSE THE GYM  
AREA AT 1:00 PM ON THURSDAY, FEBRUARY  
13TH. THAT AREA WILL REMAIN CLOSED UNTIL  
SUNDAY. THE INSTALLATION AND ASSEMBLY  
OF THE MACHINES WILL TAKE THE MAJORITY  
OF THE TIME. THE FUNCTIONAL FITNESS  
ROOM, ZEN ROOM, GROUP FITNESS CLASSES,  
PICKLEBALL COURTS, BATHROOMS AND THE  
POOL ARE GOING TO BE OPEN AND  
AVAILABLE FOR THE DURATION OF THE  
PROJECT.

# FITNESS CENTER

**ORIENTATION**

**4**

**NEW GYM EQUIPMENT**

**MORE DETAILS COMING SOON !**

**A FREE ORIENTATION WILL BE OFFERED TO GO THROUGH THE NEW GYM EQUIPMENT WITH A PERSONAL TRAINER TO GUIDE YOU. DATES AND TIMES WILL BE AVAILABLE SOON. NO SIGN UP WILL BE NEEDED TO ATTEND. BOLO FOR AN ORIENTATION THE **WEEK OF FEBRUARY 17TH****



*Sweetwater Fitness Center*

# FITNESS CENTER

## Power YOGA

Wednesday at 5:15pm

Will be cancelled

Feb 5th only.



Sweetwater Fitness Center

# SWEETWATER PICKLEBALL



## *Sweetwater Pickleball* **CLINIC INFO**

**TUESDAY, FEB. 4 6:00 - 8:00**  
**SPECIALTY SHOTS!**

**LEARN HOW TO HIT THE ATP, THE ERNE AS WELL AS SLICE AND ROLLING DINKS!**

**SATURDAY, FEB. 8. 9:00 - 11:00**  
**PICKLEBALL AGILITY - ALL LEVELS**

**EVER GET OUT OF POSITION? LOSE YOUR BALANCE? YEAH, ME TOO! WORRY NOT! WE HAVE JUST THE THING FOR YOU! JOIN US FOR A NIGHT OF CARDIO AND FOOTWORK. THE RIGHT FOOTWORK MAKES ALL OF YOUR SHOTS BETTER! THIS IS A VITAL CLASS IF YOU WANT TO IMPROVE!**

**TUESDAY, FEB. 11. 6:00 - 8:00**  
**NEXT LEVEL LOB, OVERHEAD AND VOLLEY - INTERMEDIATE/ADVANCED**

**THESE SHOTS ARE HOLDING YOU BACK! YOU CANNOT PRACTICE THESE ENOUGH! LEARN HOW TO EXECUTE THESE SHOTS STRATEGICALLY TO PUT YOU IN THE BEST POSITION TO EITHER WIN A POINT OR JUST STAY IN IT!**

**SATURDAY, FEB. 15. 9:00 - 10:00 & 10:00 - 11:00**  
**GAME STRATEGY**

**TWO ONE HOUR SESSIONS TO BREAK DOWN GAME STRATEGIES. LEARN HOW TO EXECUTE THE RIGHT SHOT AT THE RIGHT TIME. LEARN THE IMPORTANCE OF PATIENCE AND HOW TO FRAME A POINT TO GET THE DESIRED RESULT. BREAK DOWN THE GAME IN A WAY THAT WILL IMPROVE YOUR SKILLS EXPONENTIALLY!! GET FOUR PEOPLE TOGETHER AND SIGN UP!**

**TUESDAY, FEB. 18. 6:00 - 8:00**  
**VOLLEY MASTERCLASS**

**WORK ON PLAYING THE BALL OUT OF THE AIR WITH CONTROL AND PURPOSE FROM EVERY POSITION ON THE COURT!**

**SATURDAY, FEB. 22. 9:00 - 11:00**  
**FOREHAND**

**THINK THIS IS YOUR BEST SHOT AND DON'T HAVE TO PRACTICE? THINK AGAIN! LEARN THE CORRECT FUNDAMENTALS (GRIP, FOOTWORK, STRATEGY) TO OPTIMIZE THIS SHOT FROM EVERY POSITION ON THE COURT!**

# SWEETWATER PICKLEBALL

## *SW Spring Pickleball*

# LEAGUE

ALL INTERMEDIATE AND ADVANCED PICKLEBALL PLAYERS, THE SPRING 2025 LEAGUE IS GETTING READY TO START. THE LEAGUE WILL RUN FOR NINE (9) WEEKS BEGINNING WEDNESDAY, MARCH 12TH THRU WEDNESDAY MAY 7TH. THE LAST DAY, MAY 7TH WILL BE THE SOCIAL AND TOURNAMENT EVENT.

THE FORMAT WILL BE THE SAME AS THE FALL SESSION. PICK A PARTNER, OR HAVE ONE ASSIGNED TO YOU, AND THE TWO OF YOU WILL BE TEAMMATES FOR THE ENTIRE SPRING SESSION. WE WILL BE LIMITING THE NUMBER OF TEAMS TO 20 AND ALLOW FOR 4 ALTERNATES.

**SIGN UP BEGINS ON FEBRUARY 24TH SO START DECIDING WHO YOUR PARTNER WILL BE, AND REGISTRATION WILL END ON MARCH 7TH. TO REGISTER, AFTER FEBRUARY 24TH, CONTACT THE LEAGUE ADMINISTRATOR, DAN COLIN AT: PAD\_C@SBCGLOBAL.NET OR VIA TEXT: 224-766-0478.**

UNLIKE THE FALL SESSION, RANKING AND POINTS WILL MATTER THIS SEASON AS THE TOP 4 TEAMS WILL GET A BYE FOR THE FIRST ROUND AT THE TOURNAMENT. MORE DETAILS AND THE RULES WILL BE FORTHCOMING TO ALL THE SIGNED-UP PARTICIPANTS.

LOOKING FORWARD TO ANOTHER GREAT LEAGUE SESSION.



# TENNIS



## FEBRUARY NEWSLETTER

### Tennis Center General Rules

- All players should check in at the tennis center before playing. Court assignments change so it's necessary to check in so that confusion does not occur on the courts. All guests should be checked in prior to going on the court (see guest policy below)  
Clinic and Lesson Fees should be paid prior to clinic or lesson. Checks (made payable to Marshall Creek CDD) or Credit cards only - (no resident charge accounts).
- Members can start booking court reservations at 7:30 am, three days before the date they want to play. For instance, if an individual wants to reserve a court for any time on a Friday, they can begin making reservations from 7:30 am on the preceding Tuesday. The length of time for a court reservation is 2 hours maximum. If a member arrives more than 15 minutes late for a reservation, that court will be forfeited if there are others waiting.
- In order to maximize court usage, please book courts in the following blocks Monday through Saturday: 8:00-10:00am, 10:00am-12:00pm, 12:00-2:00pm
- Proper Tennis Attire should be worn. Men's shirts should have sleeves. No cutoffs or jeans. Only smooth sole Tennis Shoes should be worn. Running shoes and Cross-Training Shoes are not permitted due to risk of injury and damage to courts.
- Glass bottles/containers may not be used on or near courts.
- Proper Court Etiquette should be observed at all times.  
Children under 12 must be accompanied by an adult at all times.
- No food or smoking shall be permitted on the court.
- All vehicles including personal carts must be parked in parking lot and should not be parked on sidewalks or other tennis complex areas.
- Bicycles must be parked at Bike Rack located at south parking lot.
- Tennis court usage may be limited or suspended from time to time for sponsored events, maintenance, etc., as approved by the Director of Tennis.
- Music is not permitted on any courts unless approved by Tennis Management.

*Thank you for helping to make Palencia the best place to be!*

### Palencia Tennis Center Guest Policy

All tennis members (both residents and non-

resident members) should check in at the tennis pro shop prior to going on the courts. Court assignments change so it's necessary to check in so that confusion does not occur on the courts.

If tennis members are bringing a guest, the tennis office should be notified when the court reservation is being made. If not, then the tennis office should be notified at check-in. Each resident has 8 free guests. After the 8th guest, each guest for that member must pay a

\$10 guest fee.

A GUEST may only play at Palencia 8 times total in a fiscal year (October-September). This policy exists so that a guest who plays here more than 8 times MUST join as a non-resident tennis member.

The Palencia Tennis courts are busy all year-round and we want to make sure our residents and non-resident tennis members have plenty of opportunities to play.



**Youth Tennis News:**  
**No youth clinics on Monday, 2/17, President's Day**



**We now have a suggestion box for our tennis members to provide both suggestions and feedback. The box is located on the wall outside the office.**



### 13th Annual Camp Boggy Creek Tennis Tournament for Charity!

April 10th-13th

Mens, Ladies, Senior and Mixed Doubles Divisions 2.5 to 4.5+ levels. Registration will be on-line and will open in February.



We want to welcome back Galina Boles as our new Head Tennis Professional! We're excited to have her back on our courts working with both adults and youth!

Added Tennis Office Hours!  
Starting Feb. 4th, the Tennis Office will be open from 8 a.m.-7 p.m. Monday through Friday

Palencia Tennis Center  
904-825-4012  
[palenciatennis@marshallcreekcdd.com](mailto:palenciatennis@marshallcreekcdd.com)  
Tom Salmon-Director of Tennis  
[tom.salmon@marshallcreekcdd.com](mailto:tom.salmon@marshallcreekcdd.com)  
Galina Boles-Head Pro  
[Galina.boles@marshallcreekcdd.com](mailto:Galina.boles@marshallcreekcdd.com)  
Jana McDaniel-Tennis Pro  
[janatennispro@gmail.com](mailto:janatennispro@gmail.com)  
Myron Grunberg-Tennis Pro  
[Myron49@aol.com](mailto:Myron49@aol.com)

# FITNESS CENTER

## FEBRUARY 2025 SW Fitness Calendar

Mon

Tue

Wed

Thur

Fri

Sat

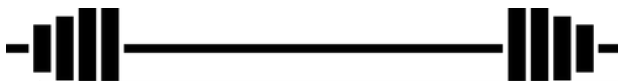
Sun

*New Strength Equipment Coming Soon!*

1.	2.					
3.	4. Specialty Shots 6-8pm Pickleball Clinic \$	5. Meditation 10:30 in the Zen room No Power Yoga at 5:15pm	6. Sweetwater CDD Meeting 4pm At the Fitness Center	7.	8. Pickleball Agility Clinic 9-11am All Levels \$	9.
10.	11. Next Level Lob Overhead and Volley Pickleball Clinic 6-8pm Interm/Adv \$	12. Meditation 10:30 in the Zen room	13. Gym Area Closing at 1pm	14. GYM AREA CLOSED ALL DAY	15. GYM AREA CLOSED ALL DAY Game Strategy Clinic 9-10 & 10-11am \$	16.
17. Regular hours 5am-9pm 	18. Volley Masterclass Clinic 6-8pm \$	19. Meditation 10:30 in the Zen room	20.	21.	22. Forehand Pickleball Clinic 9-11am \$	23.
24. Pickleball League Registration Opens! 	25. The Ultimate Dink Clinic 6-8pm \$	26. Meditation 10:30 in the Zen room	27.	28.		

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am HIIT H		6:00am HIIT H				
	8:30am Cardio X Training M/H	8:45am Spin M/H	8:30am Cardio X Training M/H			
9:00am Pilates E/M					9:00am Zumba/Zumba Toning M	
10:15am Spin M/H	10:00am Cardio/Core E/M		10:00am Strong All Over E			
11:10am Senior Stretch E	11:00am Senior Mat Pilates E	10:30am Meditation E	11:00am Senior Mat Pilates E			4:00pm Yoga E/M
		11:10am Yoga E		12:00pm Senior Stretch E	<b>Fitness Center:</b> <a href="tel:9048298584">(904) 829-8584</a> <b>Amenity Center:</b> <a href="tel:9048100520">(904) 810-0520</a> E= Easy M= Medium H= Hard 2/1/2025	
		3:30pm Kids Fitness E				
	5:15pm Yogalates E/M	5:15pm Power Yoga M/H				
6:00pm Pilates Barre M/H	6:30pm Power Pump M/H		6:00pm Zumba M			

## Fitness Schedule



# AMENITY CENTER

**NEW UPDATE**

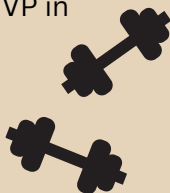
## Important Update

### RSVP Requirement for Amenity Center Fitness Classes

To attend any fitness classes at the Amenity Center, all participants are now recommended to RSVP in advance.

#### How to RSVP:

1. Log in to **Palencia Online**.
2. Navigate to the **Calendars** section.
3. Select **Amenity Fitness**.
4. Choose the desired class and complete the RSVP process.



#### Important Information:

- **RSVPs can only be made between 7:00 AM the day prior to class up until the start time of the class.**
- On the day of the class, you may check the availability online or contact the Amenity Center to inquire about available space.
- Please note that if you RSVP and do not arrive by the scheduled start time of the class, your spot may be forfeited and given to another participant.

This new process is designed to prevent overcrowding and ensure that residents do not arrive only to find that the class is full. Additionally, it will allow residents to avoid arriving extremely early to secure a spot. We appreciate your cooperation in making this system work smoothly for everyone.

## Important Update



### Payment Method Change Effective February 1st, 2025

Starting February 1, 2025, the Amenity Center will no longer accept cash payments. The following payment methods will be accepted:

- Credit/Debit Cards
- Checks

We appreciate your cooperation and understanding as we make this transition.

## Fitness Class Schedule

### Les Mills BODYCOMBAT

Mondays at 9:00am with Heather S.

### Les Mills BODYPUMP

Wednesdays & Fridays at 10:00am with Crispin

### CARDIO STEP

Wednesdays & Fridays at 8:45am with Crispin

### Les Mills BODYBALANCE

Saturdays at 10:00am with Steven R.

### WATER AEROBICS

\*\*\*Classes will resume in Spring 2025\*\*\*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fitness Classes</b>						
		8:45am Cardio Step		8:45am Cardio Step		
9:00am Body Combat						
10:15am Virtual Body Pump		10:00am Body Pump		10:00am Body Pump	10:00am Body Balance	
<b>Dance/Cheer</b>						
4:15-5pm 6-10 yr old Lyrical	4:15-5pm 3 yr old Ballet/Tumb	4:15-5pm 4 yr old Ballet/Tumb	4:30-5:15pm 2 yr old Ballet/Tumb	4:30-5:15pm 5+ yr old Cheer		
	5-6:15pm 10-12 yr old Ballet/Jazz	5-5:45pm 5-6 yr old Ballet/Jazz/Tumb				

## FEBRUARY AMENITY CENTER CLASSES

# MORE FEBRUARY EVENTS

**Inspired SJC Craft Social**  
**Wednesday, February 5th**  
 6:00 PM - 7:30 PM

Inspired@Palencia lovingly presents a

## Coastal Valentine

Craft Social



Create a 12" coastal hang sign with local shells that can be displayed for Valentine's or year-round! Make it your own with a selection of wording options and decorative accents!

**Weds, Feb 5th**  
 6-7:30pm

Palencia Amenity Center    \$25/person all supplies included

Sign up at [InspiredSJC@gmail.com](mailto:InspiredSJC@gmail.com)

Payment options:  
 Zelle: 917-968-1131 Venmo: @InspiredSJC

Follow us at InspiredSJC




**Chick-Fil-A**  
 Second Tuesday of the Month  
**February 11th**  
 5:00 PM - 7:30 PM or until sell out

**Movie & Food Truck Night**  
**Friday, February 21st**  
 5:30 PM - 8:00 PM

Palencia Presents

## MARKET STREET

# Movie Nights








Friday, Feb. 21st  
 Showtime 6:00 pm

~Join us for a premier of newly released "The Wild Robot."  
 ~Bring your own picnic blankets and bug spray and enjoy the festivities on the lawn by the Amenity Center.  
 ~Food Truck from 5:30-7:30

**Finger's crossed for warmer weather this day!**

**Trivia & Food Truck Night**  
**Friday, February 28th**  
 5:30 PM - 8:00 PM

## PALENCIA TRIVIA NIGHT



**PALENCIA PRESENTS TRIVIA & FOOD TRUCK NIGHT!!!**

Friday 28 Feb, 2025    Food Trucks: 5:30-7:30pm    Amenity Center: Covered Veranduh

**TEAMS OF 8 AND UNDER**

Tickets are \$5 each. Proceeds from ticket sales will go directly toward funding the prizes.

Must RSVP by 4:30pm the day of the event.

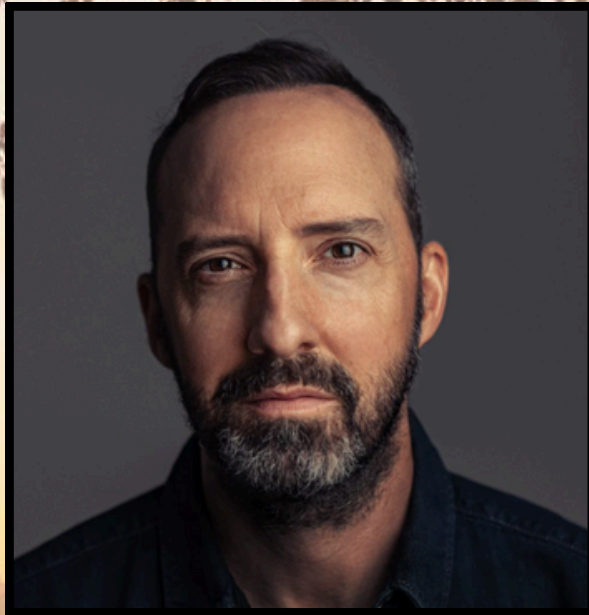
Weather Permitting

**RSVP NOW**



**Carrabba's Take Out**  
 Fourth Tuesday of the Month  
**February 25th**  
 Pre-order Online  
 Pick-up at the Amenity Center  
 between 5-6pm

# FOR THE COMMUNITY



Limelight Theatre is excited to present the opportunity of a lifetime on March 2nd.

**“A Conversation with Tony Hale: Comedy, Creativity, and Career. A benefit for Limelight Theatre.”**

Emmy-winner, Tony Hale, is a genius of his generation. Actor. Writer. Producer. You may recognize him as "Buster Bluth" in Arrested Development, "Gary Walsh" in Veep, "Forky" in Toy Story 2, or "Fear" in Inside Out 2, among countless other characters. He also wrote the children's book Archibald's Next Big Thing.

Tony has lived a life of creativity in the arts and wants to share his Hollywood and personal experiences with us! Tony visited our theatre in late December and was quite moved by our special space at 11 Old Mission Avenue and the community of faithful patrons, performers, designers, and directors that we have cultivated over three decades.

We hope you will take advantage of this amazing opportunity in March and join us for an unforgettable evening. Call the Limelight Box Office for details and a special price for Palencia residents. Event location: Lewis Auditorium. March 2nd. 7:00PM

To learn more about Tony Hale, visit his IMDB page [here](#).

# COMMUNITY CLUBS

[Click Here for the Palencia Online Calendar](#)



**Palencia Game Club**  
Monday's at 11am



**Mah Jongg**  
Monday's at 1pm



**Men's Bible Study**  
Monday's (Except last Monday)  
7pm



**Canasta & Bridge Card Club**  
Tuesday's  
10am



**Palencia Gems Club**  
Sunday's at 4pm



**Palencia Ladies Book Club**  
Third Tuesday  
4pm



**Just Books Club**  
Third Wednesday  
12pm



**Farkle**  
Thursday's  
12:30pm

# JAN. HIGHLIGHTS



POLAR PLUNGE!



SLIDING INTO 2025



DEPUTIES TOOK A DIVE



WINTER FUN IN THE SUN



# New Feature

## BREAKING NEWS

### Introducing text/SMS message notifications for PalenciaOnline.

We're excited to announce a new way to stay connected with CDD news and updates! PalenciaOnline is introducing a text/SMS notification service to ensure you receive timely information straight to your mobile devices.

By subscribing to our text notifications, you'll get:

- Instant Alerts: Receive urgent updates and reminders directly.
- Community News: Stay informed about events, maintenance schedules, and more.
- Important Announcements: Meeting reminders, facility schedule information, etc.

To join, click here from your mobile phone or other device. Standard messaging rates apply.



[REGISTER HERE](#)



Your privacy is important to us. You can unsubscribe at any time by responding to any Palencia text with the word "Stop". We value your participation and look forward to keeping you informed through this convenient new communication tool.

Thank you for being part of our Palencia community!



# PALENCIA

## Onsite CDD Management Contacts

### General Manager

Jodi Moore

jmoore@vestapropertyservices.com

### Assistant General Manager

Denise Powers

dpowers@vestapropertyservices.com

### Fitness Center Manager

Erin Gunia

egunia@rmsnf.com

### Operations Manager

Dan Wright

dwright@rmsnf.com

Please call (904) 810-0520 for a new resident appointment.

## CDD Information

### Marshall Creek CDD Meeting

February 19th, 2025

-Workshop at 3PM

-Board Meeting at 4:00PM

At the Amenity Center

### Sweetwater CDD Meeting

February 6th, 2025

4:00PM

At the Fitness Center

The meetings are open to the public and will be conducted in accordance with the provisions of Florida law for Community Development Districts.

There may be occasions when one or more Supervisors will participate by telephone. The meetings may be continued in progress to a time, date, and location stated on the record without additional publication of notice.

Any person requiring special accommodations at these meetings because of a disability or physical impairment should contact the District Office for your CDD. For Marshall Creek call (954) 603-0033, for Sweetwater call (904) 940-5850, at least 48 hours prior to the meeting. If you are hearing or speech impaired, please contact the Florida Relay Service at 7-1-1 for aid in contacting the District Office.

Each person who decides to appeal any action taken by the Board with respect to any matter considered at these meetings is advised that person will need to ensure that a verbatim record of the proceedings is made, including the testimony and evidence upon which such appeal is to be based.