

PALENCIA



COMMUNITY COMPASS

Discover Palencia ~ Your Map to Community Living and Exploration

November 2024 Edition

PALENCIA COMMUNITY COMPASS

NOVEMBER EDITION

Dear Palencia Residents,

As we begin this month of Thanksgiving, I want to take a moment to express my heartfelt gratitude for each of you. It's a privilege to be part of such a wonderful community, where warmth, kindness, and support make Palencia a truly special place to call home. May this season bring you and your loved ones abundant joy, peace, and cherished memories.

MCCDD Business Updates:

The Heather Park enhancement is almost complete with new trees, planters, and a more pictureque layout we are excited for residents to begin enjoying this revitalized space.

An assessment of the Marshall Creek stormwater pond system was completed by Prosser Engineering and we expect to have the full report for the November Board meeting.

The hedge along the Promenade walkway has received a cutback and in the coming weeks the landscape team will be doing a second round to lower the shrubs to the level of the wall. This has been done in stages to allow the plant material to recover between cutbacks.

The fall/winter installation of pine straw will be taking place in the next couple of weeks and the winter flower rotation will be installed by the end of November with some beautiful red and white colors.

The family pool is currently down due to a pump issue and we are working diligently to find a replacement part, as the specific part needed has been out of stock nationwide. Our team is also working on some alternative solutions to get things back up and running until the part can be secured.

Lifestyles:

The Fall Festival was a huge hit with our community this year. Thank you to all of those who joined us for this funfilled evening. We look forward to seeing you at the upcoming [Car Show on November 9th](#) and [Holiday Tree Lighting Event on December 6th.](#)

We are excited to introduce Les Mills BodyCombat class with Heather S at the Amenity Center, beginning November 18th at 9am.



Palencia Holiday Lighting Contest:

Calling all Palencia Residents from both Marshall Creek and Sweetwater to participate in our Holiday Lighting Contest! There will be 3 categories with prizes for 1st, 2nd, and 3rd place for each. A representative of each Board along with Management and a guest judge or two will be visiting the participating homes in December. Look for a sign-up to come soon along with additional details.

Best regards,

Jodi Moore

General Manager
Marshall Creek CDD



AMENITY HOURS

[Click Here for the Palencia Online Calendar](#)



MC Amenity Center and Pools

Pools

Sunday through Saturday

9:00 AM - 8:00 PM

Slide

Closed for the Winter Season

Center

9:00 AM - 8:00 PM

Palencia Tennis

Courts available

7:00am - 10:00 PM daily

Tennis Shop Hours of Operation

Monday-Friday 8:00 AM - 7:00 PM

Saturday & Sunday 8:00 AM - 4:00 PM



Sweetwater Swim & Fitness Center

[CLICK HERE for Current Hours and Information](#)



AMENITY HOURS



Thanksgiving Week



MC Amenity Center and Pools

Wednesday:

9AM- 1PM

Thursday:

Closed

Friday:

Normal Operations

Palencia Tennis

Courts:

-Wednesday:

Normal Operations

-Thursday:

First come first serve/ No lights for evening play

-Friday:

Normal Operations

Office:

-Wednesday:

8:00AM-12:00PM

-Thursday:

Closed

-Friday:

Normal Operations



Sweetwater Swim & Fitness Center

Wednesday:

Normal Operations

Thursday:

5AM- 3PM

Friday:

8AM-8PM

BEEP BEEP!
NEXT SATURDAY!!

PALENCIASM
CAR SHOW

Market Street

11.9.24 | 11AM-2PM

-KIDS ZONE-

-BUMPER CARS
-RC CARS
-RESCUE VEHICLES

-LIVE MUSIC-

-FOOD-

-VENDOR
MARKET



LET THE HOLIDAY
SEASON BEGIN!!

LETTERS TO



Santa



BEGINS 11/23 | ENDS 12/14

MAILBOX LOCATIONS:

~AMENITY CENTER~TENNIS CENTER~FITNESS CENTER

Drop off your letters in our Santa Mailboxes and receive a special letter back before Christmas! Be sure to add your child's name and address to the envelope.



If you do not receive a response within 2 weeks, please contact palenciaadmin@marshallcreekcdd.com

SAVE THE DATE
DECEMBER

WINTER

festival
Market Street

6TH
DECEMBER
5:00-8:00

~Tree Lighting~
~Santa~Snow~Carriage Rides~
~Caricatures~Kids Zone~
~Food Trucks~
~DJ~Vendor Market~

PALENCIA FOOD DRIVE

Palencia Food Drive

Our Lady of Good Counsel (OLGC) Food Pantry
(Serves the food insecure in 32095 & 32092)

Collection Dates: Nov 1 thru 16, 2024



**Collection Sites: The Palencia Fitness Center 1865 N. Loop Parkway,
And Palencia Amenity Center 625 Palencia Club Drive**



Items needed:

Canned beans 15 oz. pork & beans navy, pinto, kidney, lima, etc. (any brand & any type)



Peanut Butter 16 to 18 oz. plastic jars (any brand & any type)



Canned vegetables 15 oz. (any brand & any type). We are in need of corn!

Please: NO GLASS and only unopened containers.

Monetary donations are welcome. Make check payable to OLGC. MEMO: Food Pantry. Mail to Molly Goins -Cox, 136 La Mesa Drive, St. Augustine FL, 32095. Questions call Molly at (860) 305-9411. Need donations picked up call Carrie Hulka (918) 510-6769.

Thank you!

OLGC Food Pantry Partners: Feeding Northeast Florida, The Village Church, Cascades, San Juan Del Rio, King & Bear, and other smaller groups.

TENNIS



The 3rd Annual Delores Barr Weaver See the Girl Charity Tennis Tournament was another huge success! With over 160 players the tournament raised over \$18,000 to help young women thrive in their local communities!
 Congratulations to our Palencia resident winners:

Womens 2.5: Megan Ward/Emily Enterline

Womens Red 3.0: Anne Raha/Kristie Gauntt

Mens 3.0: John Harman/David Gauntt

Mens 3.5: Tom Miller/Dan Garrison



NOVEMBER NEWSLETTER



Youth Tennis News:

Regular classes in November through Thursday, November 21st, including Monday, 11/11.

Youth Tennis Camp

Monday, 11/25 and Tuesday, 11/26

Tiny Tots
 10:00-10:50am Tiny Tots
 Cost is \$36/2 days or \$25/day

Junior Varsity and Intermediate Classes
 11:00 am-12:00pm
 Cost is \$36/2 days or \$25/day

Tournament Development Group
 12:00-1:30pm
 \$54/2 days or \$35/day

Please sign up in advance in the Tennis Center or email at Palenciatennis@marshallcreekcdd.com



Parents, Adults and Kids:
 Our lost and found bin gets full this time of year as the weather cools down. Be sure to stop in if you are missing anything!

Adult Tennis News:

No Ladies Clinics from Monday, 11/25-Wednesday, 11/27.



HAPPY THANKSGIVING FROM THE TENNIS STAFF!

Tennis Office will be closed:
 Wed, 11/27 at Noon and Thurs, 11/28 all day
 Tennis courts will be on a first come/first serve basis with no lights available on Thursday

Palencia Tennis Center
 904-825-4012
palenciatennis@marshallcreekcdd.com
 Tom Salmon-Director of Tennis
tom.salmon@marshallcreekcdd.com
 Scott Lefteris-Head Pro
Scott.lefteris@marshallcreekcdd.com
 Jeff Golden- Head Pro
jeff.golden@marshallcreekcdd.com
 Jana McDanald
janatennispro@gmail.com
 Myron Grunberg- Tennis Pro
Myron49@aol.com

TENNIS



YOUTH TENNIS CAMP (no regular classes scheduled this week)

Monday and Tuesday, 11/25th and 26th

Tiny Tots

10:00-10:50am Tiny Tots

Cost is \$36/2 days or \$25/day

Junior Varsity and Intermediate Classes

11:00 am-12:00pm

Cost is \$36/2 days or \$25/day

Tournament Development Group

12:00-1:30pm

\$54/2 days or \$35/day

Please sign up in the tennis office or call at 825-4012 or email
at

palenciatennis@marshallcreekcdd.com

FITNESS CENTER

SW FITNESS NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SW November PLANKSGIVING Challenge						1. 20 Seconds
3. 30 Seconds	4. 35 Seconds	5. REST Just Drop it Clinic 6-8pm \$	6. 40 Seconds Pickleball League 6-9pm	7. 45 Seconds SW CDD MEETING 4pm @ Fitness Center	8. 45 Seconds	2. 25 Seconds
10. REST	11. Veterans Day 1 MIN	12. 1 MIN Pickleball Fundamentals 6-8pm \$	13. 1 MIN 10 sec Pickleball League 6-9pm	14. 1 MIN 20 sec	15. REST	9. 50 Seconds Intro to Pickleball 9-11am \$
17. 1 MIN 30 sec	18. 1 MIN 30 sec	19. 1 MIN 45 sec Pickleball Agility 6-8pm \$	20. REST Pickleball League 6-9pm	21. 1 MIN 45 sec POA MEETING @SW 3-5pm	22. 1 MIN 55 sec	23. 2 MIN Specialty Shots 9-11am \$
24. 2 MIN	25. REST	26. 2 MIN 15 sec Next Level Lob and Overhead Volley 6-8pm \$	27. 2 MIN 20 sec Pickleball League 6-9pm	28. 2 MIN 30 sec	29. 2 MIN 45 sec	30. 3 MIN

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am HIIT H		6:00am HIIT H				
	8:30am Cardio X Training E/M	8:45am Spin M/H	8:30am Cardio X Training M/H			
9:00am Pilates E/M				9:00am Gentle Yoga E	9:00am Zumba/Zumba Toning	
10:15am Spin M/H	10:00am Cardio/Core E/M	10:00am Senior Strength E		8168	M	
11:10am Senior Stretch E	11:10am Senior Mat Pilates E	10:30am Meditation E	11:15am Senior Mat Pilates E			4:00pm Yoga E/M
	12:30pm Tai Chi E	11:10am Yoga E/M	12:30pm Tai Chi E	12:00pm Senior Stretch E		
		3:05pm Kids Fitness E				
	5:15pm Yogalates E/M	5:15pm Power Yoga M/H				
6:00pm Pilates Barre M/H	6:30pm Power Pump M/H		6:00pm Zumba M			

Fitness Center:
[\(904\) 829-8584](tel:9048298584)
Amenity Center:
[\(904\) 810-0520](tel:9048100520)
 E= Easy M= Medium H= Hard
 11/1/2024

Fitness Schedule



FITNESS CENTER

Meet Instructor : Tiffany



Tiffany's Class Schedule :
Tuesday 8:30am Cardio X Training
Thursday 8:30am Cardio X Training



I moved to St. Augustine from Ohio with my husband and three daughters about 5 years ago. Growing up, I was a competitive gymnast, cheerleader, and dancer, and I believe these skills have molded me into the fitness instructor I've become. I started teaching aerobics ten years ago and have since taught a wide range of classes, including Step, Pilates, Toning, Cardio X-Training, Bootcamp, and HIIT. My favorite classes combine strength training and cardio, offering a balanced yet challenging experience for participants. My mother, who worked as a fitness instructor for several years, inspired me to pursue a healthy lifestyle and share that passion with others. I've been teaching HIIT classes here at Palencia on Tuesdays and Thursdays at 8:30 AM for about 4 years. My classes incorporate various equipment for a challenging yet accessible workout that welcomes all fitness levels. I encourage my participants to adapt the class to their needs, whether they come late, leave early, or modify exercises. My goal is to create a FUN, supportive environment where everyone feels empowered to focus on themselves, amidst life's daily chaos. I must say that my participants here at Palencia inspire me. They are some of the kindest, most caring, supportive and hilarious individuals I've ever worked with. I'm so thankful for my time with them.

I currently dabble in many things, but the common element is working with people. Today, I balance my role as a Realtor with Florida Coastal Team and as a fitness instructor, always motivated by a love for helping people find their fit—whether it's their dream home or their personal fitness goals. In real estate, my own relocation experience has given me a firsthand understanding of the challenges and rewards of moving to a new area. I use this insight to guide customers, helping them find the right home and community that suits their lifestyle. Being part of both the fitness and real estate communities has brought me into contact with so many amazing individuals, and I'm grateful to support people as they work toward goals that enrich their lives.



FLORIDA COASTAL TEAM 

Tiffany Cunningham
REALTOR®
904.595.8389
tiffany@floridacoastalteam.com
www.floridacoastalteam.com



FITNESS CENTER



THANKFUL

Sweetwater Fitness

Nov 1st- 20 seconds	Nov 11th- 1 MIN	Nov 24th- 2 MIN
Nov 2nd- 25 seconds	Nov 12th – 1 MIN	Nov 25th- REST
Nov 3rd- 30 seconds	Nov 13th- 1 MIN 10 sec	Nov 26th- 2 MIN 15sec
Nov 4th- 35 seconds	Nov 14th- 1 MIN 20 sec	Nov 27th- 2 MIN 20sec
Nov 5th- REST	Nov 15th- REST	Nov 28th- 2 MIN 30sec
Nov 6th- 40 seconds	Nov 16th- 1MIN 20 sec	Nov 29th- 2 MIN 45sec
Nov 7th- 45 seconds	Nov 17th- 1 MIN 30 sec	Nov 30th- 3MIN
Nov 8th- 45 seconds	Nov 18th- 1 MIN 30 sec	
Nov 9th- 50 seconds	Nov 19th- 1 MIN 45 sec	
Nov 10th- REST	Nov 20th- REST	

Give Thanks and Hold your Planks



PICKLEBALL COURTS

FITNESS CENTER

For Pickleball Clinic info: Please Call or Text
Darcy Miller :(904) 891-6573

Tuesday, November 5th, 6:00-8:00

Just Drop It!!- Intermediate/Advanced

- 90% of points in pickleball, played by intermediate players and up, are won at the kitchen. It is your job to get there and win! This class will focus on getting you to the next level of pickleball so you can compete at a higher level. Learn to drop the ball in the kitchen in all situations.

Saturday, November 9th, 9:00-11:00

Intro to Pickleball- Beginners/KIDS

- A beginner's adventure into learning the basics of Pickleball. We teach the basics and then PLAY to put those basics to use! This will include rules, scoring, appropriate footwear, equipment strategy, basic fitness, and, of course, the basic shots that go into Pickleball!

Tuesday, November 12th, 6:00-8:00

Pickleball Fundamentals- Beginners to Low Intermediate

- Ok, so you can get into the point with an effective serve and return. What next? We will introduce you to a strategic approach to **the third shot, and dink** so that you can begin playing pickleball at a competent level! This is a GREAT opportunity for folks new to the game to reinforce some of the skills they have already learned and applied.

Saturday, November 16th, 9:00-11:00

Level Up Dinking- Intermediate/Advanced

- Should I volley Dink or let it bounce? Decisions decisions! Learn how to keep your opponent guessing and off balance by keeping pressure on them during a dink rally! We will work on dinking out of the air as well as letting it bounce. We will also be very strategic by learning optimal placement of all dinks during a point.

Tuesday, November 19th, 6:00-8:00

Pickleball Agility- All Levels

- Ever get out of position? Lose your balance? Yeah, me too! Worry not! We have just the thing for you? Join us for a night of cardio, footwork and maybe a little dancing! Ok, no dancing, but you will improve your moves on the court! The right footwork makes ALL of your shots better!

Saturday, November 23rd, 9:00-11:00

Specialty Shots- High Intermediate/Advanced

- Learn how to do an ERNE, ATP, and defend both during this specialized clinic for high intermediate and advanced players!

Tuesday, November 26th, 6:00-8:00

Next Level Lob, Overhead, and Volley- Intermediate/Advanced

- Ever get frustrated because you hit a ball back and your opponent crushes it every time? Ever have to let a ball bounce because you do not trust hitting an overhead to stay on the offensive? Are you missing put aways or just not volleying where you need to? Well, you are in luck! This class is for you!

AMENITY CENTER

Fitness Class Schedule

New Class!!! Starts 11/18

Les Mills BODYCOMBAT

Mondays at 9:00am with Heather S.

Les Mills BODYPUMP

Wednesdays at 8:45am with Crispin

Fridays at 10:00am with Crispin

Les Mills BODYBALANCE

Saturdays at 10:00am with Steven R.

CARDIO STEP

Fridays at 8:45am with Crispin

WATER AEROBICS

Classes will resume in Spring 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness Classes						
		8:45am Cardio Step		8:45am Cardio Step		
9:00am Body Combat						
		10:00am Body Pump		10:00am Body Pump	10:00am Body Balance	
Dance/Cheer						
4:15-5pm 6-10 yr old Lyrical	4:15-5pm 3 yr old Ballet/Tumb	4:15-5pm 4 yr old Ballet/Tumb	4:30-5:15pm 2 yr old Ballet/Tumb	4:30-5:15pm 5+ yr old Cheer		
	5-6:15pm 10-12 yr old Ballet/Jazz	5-5:45pm 5-6 yr old Ballet/Jazz/Tumb				



NOVEMBER

AMENITY CENTER CLASSES



EVENTS AND ACTIVITIES



Chick-Fil-A

Second Tuesday of the Month

November 12th

5:00 PM - 7:30 PM or until sell out

Carrabba's Take Out

Fourth Tuesday of the Month

November 26th

Pre-order Online

Pick-up at the Amenity Center

between 5-6pm



COMMUNITY CLUBS

[Click Here for the Palencia Online Calendar](#)



Palencia Game Club
Monday's (Starting 10/14)
11am



Mah Jongg
Monday's at 1pm
Fridays at 10am



Men's Bible Study
Monday's (Except last Monday)
7pm



Canasta & Bridge Card Club
Tuesday's
10am



Bunco Club
Fourth Tuesday
1:30pm



Palencia Ladies Book Club
Third Tuesday
4pm



Just Books Club
Third Wednesday
12pm



Farkle
Thursday's
12:30pm

OCT. HIGHLIGHTS

PINK OUT! CARDIOSTEP & BODYPUMP



WILD FOR ZUMBA!!!



FALL FESTIVAL FUN



New Feature

BREAKING NEWS

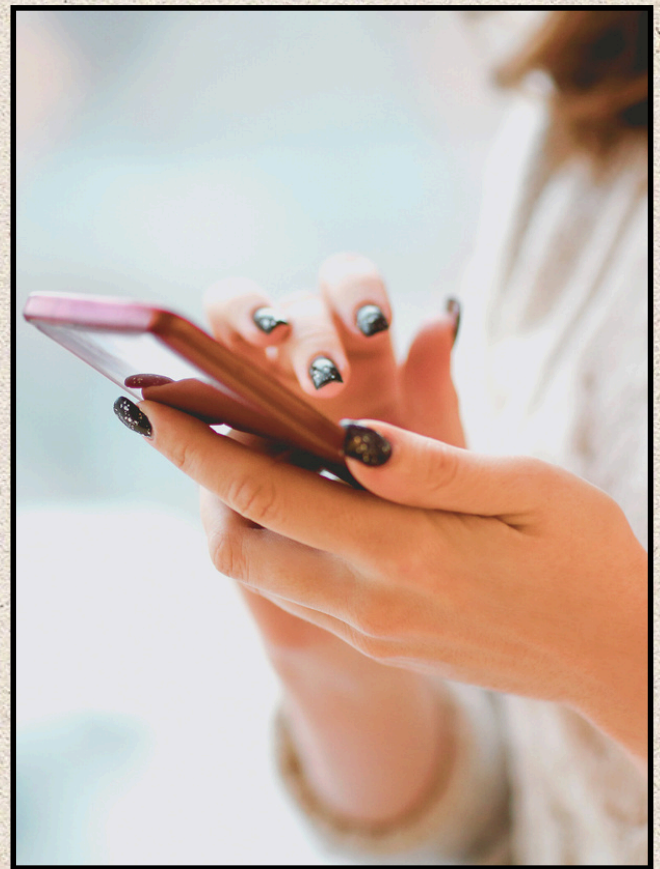
Introducing text/SMS message notifications for PalenciaOnline.

We're excited to announce a new way to stay connected with CDD news and updates! PalenciaOnline is introducing a text/SMS notification service to ensure you receive timely information straight to your mobile devices.

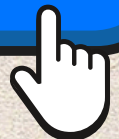
By subscribing to our text notifications, you'll get:

- Instant Alerts: Receive urgent updates and reminders directly.
- Community News: Stay informed about events, maintenance schedules, and more.
- Important Announcements: Meeting reminders, facility schedule information, etc.

To join, click here from your mobile phone or other device. Standard messaging rates apply.



[REGISTER HERE](#)



Your privacy is important to us. You can unsubscribe at any time by responding to any Palencia text with the word "Stop". We value your participation and look forward to keeping you informed through this convenient new communication tool.

Thank you for being part of our Palencia community!

PALENCIA

Onsite CDD Management Contacts

General Manager

Jodi Moore

jmoore@vestapropertyservices.com

Assistant General Manager

Denise Powers

dpowers@vestapropertyservices.com

Fitness Center Manager

Erin Gunia

egunia@rmsnf.com

Operations Manager

Dan Wright

dwright@rmsnf.com

Please call (904) 810-0520 for a new resident appointment.

CDD Information

Marshall Creek CDD Meeting
November 20th, 2024
4:00PM

Sweetwater CDD Meeting
November 7th, 2024
4:00PM

The meetings are open to the public and will be conducted in accordance with the provisions of Florida law for Community Development Districts.

There may be occasions when one or more Supervisors will participate by telephone. The meetings may be continued in progress to a time, date, and location stated on the record without additional publication of notice.

Any person requiring special accommodations at these meetings because of a disability or physical impairment should contact the District Office for your CDD. For Marshall Creek call (954) 603-0033, for Sweetwater call (904) 940-5850, at least 48 hours prior to the meeting. If you are hearing or speech impaired, please contact the Florida Relay Service at 7-1-1 for aid in contacting the District Office.

Each person who decides to appeal any action taken by the Board with respect to any matter considered at these meetings is advised that person will need to ensure that a verbatim record of the proceedings is made, including the testimony and evidence upon which such appeal is to be based.