



PALENCIA

DEAR PALENCIA RESIDENTS;

AS WE KICK OFF SUMMER AND LOOK FORWARD TO ALL THE ACTIVITY THE SEASON BRINGS, I THOUGHT IT A GOOD TIME TO ADD A NEW TOUCH TO THE MONTHLY NEWSLETTER BY AUTHORIZING A MESSAGE FROM ME TO ALL OF YOU. I LIKE THE IDEA OF USING THIS SPACE TO RECAP SOME OF THE FUN OF THE PREVIOUS MONTH, LOOK AHEAD TOGETHER, AND MAYBE IMPART SOMETHING INFORMATIONAL TOO.

ON PALENCIA LIFESTYLE ACTIVITIES: OUR OFFICIAL SUMMER KICKOFF TOOK PLACE AT THE END OF MAY, WITH TWO BIG PARTIES IN ONE WEEKEND! WE HAD LIVE MUSIC, TASTY TREATS, AND ALL KINDS OF POOLSIDE GAMES AND ACTIVITIES FOR RESIDENTS OF ALL AGES ON FRIDAY AND MONDAY! GOURMET COTTON CANDY AND HAND PACKED BRUSTERS ICE CREAM WITH A DECADENT TOPPING BAR WERE FAN FAVORITES, AND BEACH BALLS WERE BATTED, GOLF BALLS PUTTED, AND FUN HAD BY ALL. THANK YOU, PALENCIA, FOR COMING OUT AND MAKING THE WEEKEND A SUCCESS!

LOOKING AHEAD, IN JUNE WE ARE PLANNING ANOTHER FUN EVENING AT THE POOL WITH A LIVE BAND, FLO 'N GRITS. GRAB A PIZZA FROM SAL'S CUCINA AND ENJOY AN EVENING OF FUNK AT THE FAMILY POOL ON JUNE 21ST!

ON FIELD OPERATIONS: I'VE HEARD FROM SOME OF YOU REGARDING THE FEEDING OF THE CANADA GEESE WHO ALSO LIVE IN OUR COMMUNITY. THESE GEESE ARE BEAUTIFUL AND PERSISTENT; WE ARE OFTEN COMPELLED TO SHARE A BITE OF FOOD WITH THEM. HOWEVER, I'D LIKE TO SHARE A FEW REASONS AS TO WHY IT'S BEST NOT TO:

- FEEDING THEM BREAD, CHIPS, OR OTHER HUMAN FOOD LACKS THE NUTRIENTS THEY NEED, AND CAN IMPACT THE DEVELOPMENT OF THEIR OFFSPRING.

- FEEDING THE GEESE IMPACTS THEIR NATURAL MIGRATION PATTERNS AND CAN CREATE OVERGRAZING IN SOME AREAS WHICH AFFECTS OTHER LOCAL WILDLIFE.
- OVER TIME THE GEESE CAN BECOME AGGRESSIVE AND POSE A SAFETY RISK.
- GEESE IMPACT OUR STORMWATER POND SYSTEMS. FECES LEADS TO OVERGROWTH OF ALGAE, WHICH IS BOTH UNPLEASANT AND POTENTIALLY TOXIC. THEY GRAZE ON THE VEGETATION SURROUNDING STORMWATER PONDS, WHICH CAN LEAD TO SOIL EROSION, INCREASED SEDIMENT ENTERING THE POND, REDUCED WATER STORAGE CAPACITY, AND IMPAIRED ABILITY TO MANAGE STORMWATER EFFECTIVELY. ALL OF THIS LEADS TO INCREASED MAINTENANCE COSTS AS OUR TEAM WORKS TO CLEAN UP THEIR DROPPINGS AND THE MESS IN THE WATER.

WHILE IT MAY BE TEMPTING TO FEED CANADA GEESE, INSTEAD, LET'S ADMIRE THESE MAGNIFICENT CREATURES FROM A RESPECTFUL DISTANCE AND WORK TOGETHER TO ENSURE THEIR WELL-BEING AND THE HEALTH OF OUR ECOSYSTEMS.

FINALLY, FROM FACILITIES: SLIDE SEASON IS UPON US! LIFEGUARDS WILL BE ON DUTY AND THE SLIDE WILL BE OPEN SUNDAY THROUGH THURSDAY, 11AM – 7PM, AND FRIDAY AND SATURDAY FROM 11AM – 7:30PM. WE LOOK FORWARD TO WELCOMING EVERYONE TO THE FUN!

AS ALWAYS, PLEASE REACH OUT WITH ANY QUESTIONS.
ALL MY BEST,

JODI MOORE, GENERAL MANAGER

EVENTS AND ACTIVITIES



Community CPR/AED/Basic First Aid

Saturday, June 8, 12:00-2:30p

Palencia Amenity Center

For ages 11+ and adults

ONLINE COURSE + CLASSROOM

The cost is \$77 per person.

Earn a 2-year certification card from the American Safety and Health Institute.

PRE-REGISTRATION with the vendor is required, using the link below:

<https://CPRPalencia2024.Eventbrite.com>

Space is limited to the first 16 people to register.



Welcome to
Safety First

North Florida's leader
in quality, enjoyable
safety education

AT THE POOL

Family NIGHT

LIVE MUSIC & FOOD TRUCKS

MUSICAL GUEST

FOOD TRUCKS

FLO 'N GRITS

SAL'S CUCINA



TIKI'S SHAVED ICE

JUNE 21ST
FAMILY POOL
6PM - 9PM



WWW.PALENCIAONLINE.COM

FOR THE MOMS

MANIFEST LIKE A MOTHER WORKSHOP



WHAT ARE YOU DOING DIFFERENTLY TO MANIFEST YOUR DREAMS, OVERCOME OBSTACLES, AND ACHIEVE YOUR GOALS AS A BUSY MOM?

We know you're juggling a million things and your mind can be your biggest cheerleader or your worst critic.

This workshop is here to help you flip the script, transform those thoughts, attitudes, and beliefs, and make your dreams a reality. Forget the fluffy affirmations; we're all about practical strategies to unlock your potential and crush your goals.

WHAT YOU CAN EXPECT:

- **Envisioning Goals:** Get clear on what you really want, personally and professionally.
- **Identifying Obstacles:** Tackle common blocks like procrastination, people-pleasing and imposter syndrome.
- **Transforming Blocks into Stepping Stones:** Learn how to turn your obstacles into pathways towards your goals.

Hey there, I'm Caryn Meininger, your go-to holistic life coach and business mentor.

As a mom of a demanding 6-year-old and having been knee-deep in a family-owned business, I totally get the chaos you're juggling. My mission? To help mompreneurs like you balance personal and professional lives without the guilt and overwhelm.

I've got a background in entrepreneurship and a toolkit full of certifications in coaching, Reiki, NLP, and holistic wellness. Through my journey, I've picked up some serious skills to guide moms from feeling like they're drowning to living a life of balanced success.

READY TO MANIFEST LIKE A MOTHER?

Saturday, June 29th, 10:30 am - 12:30 pm

Palencia Amenity Center

TO REGISTER: SEND AN EMAIL TO HELLO@CARYNM.COM



Chick-Fil-A

June 11th and 25th

5:00 PM - 7:30 PM or until sell out

Please view their menu below!

N O F R I E S	Entries			
	Regular CFA.....	\$ 6.59		
	Spicy CFA.....	\$ 6.99		
	8 Count Fried Nugget.....	\$ 6.69		
	8 Count Grilled Nugget.....	\$ 7.79		
	Grilled Wrap.....	\$10.69		
	Salads			
	Cobb.....	\$12.39		
	Spicy Southwest.....	\$12.69		
	Market.....	\$12.69		
	Sides			
	Mac & Cheese.....	\$ 5.39		
	Fruit Cup.....	\$ 5.39		
	Waffle Chips.....	\$ 2.69		
	Desserts			
Brownie.....	\$ 2.89			
Chocolate Chip Cookie.....	\$ 2.15			
Drinks Bottled				
Coke – Sprite – Mr. Pibb – Bottled Water – Diet Coke – Coke Zero....	\$ 3.50			
Sweet Tea – Unsweetened Tea.....	\$ 2.99			
Lemonade.....	\$ 3.50			
Combo Meals - Entrée - Side-Drink.....	\$13.00			
Entrée - Side-Drink W/Dessert.....	\$15.00			
			N O S H A K E S	



LAST CHANCE TO REGISTER!



BOOKED

INTERACTIVE BOOK CLUBS FOR KIDS

KIDS WILL
READ 4
BOOKS THIS
SUMMER!

Booked is a summer enrichment club for students in 3rd through 5th grade, that transforms the task of reading into a powerful adventure through interactive book clubs.

WHY GET BOOKED?

At each club your child will...

-  Come ready to discuss a fantastic piece of literature
-  Build community and foster a love of reading
-  Engage in hands on and interactive projects, games, and challenges based on that week's book.



BEAT THE
SUMMER
READING
SLIDE!

PALENCIA

Summer Clubs are NOW

Open for Registration

Booked was founded by Jennifer Dinkins and Debra Keeperman, both former SJCS D educators. They have a combined 25 years of classroom experience and are both Reading and Gifted Endorsed. They both have a passion for reading and for empowering the minds of students.

JOIN BOOKED

www.bookedclubs.com

info@bookedclubs.com

Each club is \$35. Your child will receive a FREE Booked t-shirt if they sign-up for all four clubs.

This summer at Booked, our members will be enjoying and meeting on the following books:



MEETING ON FRIDAY, JUNE 14TH
FROM 3:30 PM TO 5:30 PM



MEETING ON FRIDAY, JUNE 28TH
FROM 3:30 PM TO 5:30 PM



MEETING ON FRIDAY, JULY 12TH
FROM 3:30 PM TO 5:30 PM



A NEW
24/25
SSYRA
BOOK

MEETING ON FRIDAY, JULY 26TH
FROM 3:30 PM TO 5:30 PM

PALENCIA TENNIS



JUNE NEWSLETTER

ADULT CLINICS:

SUMMER SCHEDULE:

Starts Monday, 6/3

- A Team Clinics (6/4)
Tuesday 8:00-9:00 am
- B Team Clinics (6/3)
Monday 9:00-10:00 am
- C Team Clinics (6/3)
Monday 10:00-11:00 am
- D Team Clinics (6/5)
Wednesday 9:00-10:00 am
- Drill Clinic: Fri 9:00 am (6/7)
Fri. Beginner/D Clinic
10:00-11:00 a.m. (6/7)

No Ladies clinics 6/17-6/19

Summer Ladies Camp:

Week 2 June 18th, 19th, 20th

(sign ups begin 5/24 at 8:00 am)

Week 3 July 23rd, 24th, 25th

(sign ups begin 6/24 at 8:00 am)

\$115/3 days or \$45/day



WIMBLEDON WHITES AND WOODS TENNIS SOCIAL:

Saturday, July 13th
8:30-10:30am

More details and sign-ups
coming soon!

Youth Tennis News:

YOUTH ICE CREAM TENNIS FUN DAY!

Monday, 6/17

Tiny Tots 9:00-10:00

Hot Shots/JV 9:00-10:00

Intermed/Tourn Dev 10:30-12:00

Details to come soon!



Summer Camps start Tuesday,
June 4th!

Tiny Tots:

Tues/Thurs 9:00-9:50 am

Hot Shots/Junior Varsity:

Tues/Thurs 9:00-10:00 am

Intermediate/Tournament:

Tues/Wed/Thurs 10:30 am-12:00 pm

More information is found on
Palencia On-Line/Tennis

You must sign up in advance

Just a reminder to continue to book courts at 8:00 am, 10:00 am and 12:00 pm every day (except Sundays) in order to maximize tennis play. With our youth summer schedule, the mornings are still very busy. Thank you!!!!!!!



MENS CAMP

Saturday, June 22nd and Sunday, 23rd

9:00-11:00 both days

Sign up for both days or just one!

\$45/day or \$80/both

Please sign up in the tennis office or email us
palenciatennis@marshallcreekcdd.com

Palencia Tennis Center

904-825-4012

Office email:

palenciatennis@marshallcreekcdd.com

Tom Salmon-Director of Tennis

tom.salmon@srresidential.com

Scott Lefteris-Head Pro

Scott.lefteris@marshallcreekcdd.com

Jeff Golden- Head Pro

jeff.golden@marshallcreekcdd.com

Jana McDonald-Tennis Pro

janatennispro@gmail.com

Myron Grunberg-Tennis Pro

Myron49@aol.com

PALENCIA TENNIS

PALENCIA

Summer Junior Tennis Programs

May-August 2024

PLEASE CALL OR EMAIL THE TENNIS OFFICE TO REGISTER FOR ALL CAMPS

904-825-4012

EMAIL:

PALENCIATENNIS@MARSHALLCREEKCDD.CO
M

CAMP WEEKS ARE LISTED BELOW WITH CLASSES, TIMES AND COSTS AS NOTED TO THE RIGHT:

WEEK 1: JUNE 4TH- JUNE 6TH

WEEK 2: JUNE 11TH- JUNE 13TH

WEEK 3: JUNE 25TH-JUNE 27TH

WEEK 4: JULY 9TH – JULY 11TH

WEEK 5: JULY 16TH – JULY 18TH

WEEK 6: JULY 30TH- AUGUST 1ST

WEEK 7: AUGUST 6TH-AUGUST 8TH

May youth classes end Wednesday, May 22nd

NEW THIS SUMMER – MONDAY FUN DAYS

On the following Mondays during the summer, we will have a fun class with mainly match play/games with a treat thrown in! Dates are: 6/17, 7/1, 7/22.

A separate sign up and cost will be available based on the event.

Tiny Tots/Hot Shots/JV: 9-10 a.m

Intermed/TournDev: 10:30 am-12:00 pm

Fall youth classes begin Monday, August 19th

Youth Tennis Camps for All Ages:

Tiny Tots

Days: Tues/Thu 9:00-9:50 am

Cost: \$32/2 days or \$22/day

Tiny Tots is an introduction to the basic skills and fundamentals of tennis in a fun environment using the appropriate QuickStart equipment for young beginners.

Hot Shots/ w JV

Days: Tues/ Thurs

9:00-10:00 am

Cost: \$32/2 days or \$22/day

Hot Shots focuses on proper technique and footwork while working towards playing tennis using the appropriate QuickStart equipment.

Junior Varsity (w/HS)

Days: Tues/Thurs

9:00-10:00 am

Cost: \$32/2 days or \$22/day

This program is for the older beginner. Introduction of tennis fundamentals, fun, athletic movement and competition.

Intermediate

(Pro approval required)

Days: Tues, Wed, and Thu

10:30am-12:00pm

Cost: \$80/3 days or \$33/day

This program teaches rallying, scoring and competing to help them prepare for middle school tennis and tournaments.

Tournament Dev(Pro

approval required)

Days: Tues, Wed, and Thu

10:30am-12:00pm

Cost: \$80/3 days or \$33/day

This program is designed for the Intermediate to

Tournament level player.

Focuses on stroke production, shot selection, positioning, strategy and point construction.

PALENCIA TENNIS

PALENCIA **TENNIS**

Program Guide for Summer 2024

Camps: Ladies Day Camp

Dates: **Week 1:** May 20th, 21st, and 22nd (**Mon-Wed**) Sign ups begin 4/22/24 8:00 am

Week 2: June 18th, 19th, and 20th (**Tues-Thurs**) Sign ups begin 5/24/24 8:00 am

Week 3: July 23rd, 24th, and 25th (**Tues-Thurs**) Sign ups begin 6/24/24 8:00 am

Time: 9am to 11am

Cost: \$115.00 for all 3 days or \$45.00 per day

Description: The Palencia Tennis Center will offer 3 day Ladies Camps. These camps will focus on stroke production, doubles situations and match play. Camps are open to ALL levels and are a great way to keep your game in shape over the summer months. So, don't be left out and call the Palencia pro shop and sign-up!

Ladies Summer Clinic Schedule:

There will be no team clinics during Ladies camp weeks!

Women's A team clinic will meet at 8 am on Tuesdays beginning June 4th

Women's B team clinic will meet at 9 am on Mondays beginning June 3rd

Women's C team clinic will meet at 10 am on Mondays beginning June 3rd

Women's D team clinic will meet at 9 am on Wednesdays beginning June 5th

Women's D/Beginner clinic will meet at 10:00 on Friday beginning June 7th

Drill Clinic 9 am on Friday's (Men & Ladies Welcome) beginning June 7th

Contact Information

Tom Salmon
Director of Tennis
Tom.salmon@marshallcreekcdd.com

Scott Lefteris
Head Professional
scott.lefteris@marshallcreekcdd.com

Palencia Tennis Center
Palenciatennis@marshallcreekcdd.com
904-825-4012

Jeff Golden
Assoc. Head Professional
jeff.golden@marshallcreekcdd.com

Myron Grunberg
Tennis Professional
myron49@aol.com

Jana McDanald
Tennis Professional
janatennispro@gmail.com

PALENCIA CLUBS & GROUPS



Weekly

Mondays

- 1 PM - Mahjonn
- 7 PM - Men's Bible Study
(Every Monday except final Monday of the month)

Tuesdays

- 10 AM - Game Club

Thursdays

- 12:30 PM - Farkle



Other Groups

Wednesday, June 12th

- 9:00AM: Creative Arts Meetup

Friday, June 14th & June 28th

- 3:00PM: Booked Summer Enrichment

Wednesday, June 19th

- 12:00: Just Books Club

[Click Here for the Palencia Online Calendar](#)

Amenity Center

Fitness Class Schedule

Les Mills BODYPUMP

Mondays at 8:45am with April R.
Wednesdays at 8:45am with Crispin
Fridays at 10:00am with Crispin

Les Mills BODYBALANCE

Mondays at 10:00am with April R.
Wednesdays at 10:00am with April R.
Saturdays at 10:00am with Steven R.

Les Mills BODYCOMBAT

June 8th and June 22nd at 9:00am with April R. and Steven R.

CARDIO STEP

Fridays at 8:45am with Crispin

WATER AEROBICS (Begins the week of May 6th)

Mondays at 8:30am with Miranda
Tuesdays at 9:00am with Laura
Wednesdays & Saturdays at 8:30am with Patty

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness Classes						
8:45am Body Pump		8:45am Body Pump		Cardio Step 8:45am	9:00am Body Combat June 8th	
10:00am Body Balance		10:00am Body Balance		10:00am Body Pump	10:00am Body Balance	
Aqua Aerobic Classes						
8:30am Water Aerobics	9:00am Aqua Zumba	8:30am Water Aerobics			8:30am Water Aerobics	

JUNE

AMENITY CENTER CLASSES



PALENCIA FITNESS



BODYCOMBAT

JUNE 8, 2024 9:00 AM

JUNE 22, 2024 9:00 AM

Mixed Martial Arts Cardio

Step into a BODYCOMBAT workout and you'll punch and kick your way to fitness, burning lots of calories along the way. This high-energy martial-arts inspired workout is totally non-contact and there are no complex moves to master. You'll release stress, have a blast, and feel like a champ.

We'll explore all kinds of different martial arts backgrounds such as Kickboxing, Tae Kwon Do, Traditional Boxing, Muay Tai, and more. No martial arts background required – workouts are designed for beginners and veterans alike.

**45 Minute Full
Body Cardio
Workout**

**Develop
Coordination,
Agility, and Speed**

**Tone Your Muscles
And Work Your
Core**

**All Fitness Levels
Welcome**

**No Equipment
Needed – Just
YOU!**

**PALENCIA AMENITY
CENTER**

625 Palencia Drive
St Aug, FL 32095

**Every Other Saturday
9:00 AM**

AMENITY HOURS

[Click Here for the Palencia Online Calendar](#)



MC Amenity Center and Pools

Pools

Sunday through Saturday

9:00 AM - 8:00 PM

Slide

Sunday - Thursday 11:00AM - 7:00PM

Friday - Saturday 11:00AM - 7:30PM

Palencia Tennis

Courts available

7:00am - 10:00 PM daily

Tennis Shop Hours of Operation

Monday-Friday 8:00 AM - 7:00 PM

Saturday & Sunday 8:00 AM - 4:00 PM



Sweetwater Swim & Fitness Center

[CLICK HERE for Current Hours and Information](#)

To view the Swim and Fitness Newsletter visit
PalenciaOnline.com.

PALENCIA

Important Contacts

General Manager

Jodi Moore

jmoore@vestapropertyservices.com

General property questions

Assistant General Manager

Denise Powers

dpowers@vestapropertyservices.com

General amenity questions

Please call (904) 810-0520 for a new resident appointment.

CDD Information

Upcoming CDD Meeting
June 5th, 2024 4:00PM

The Board of Supervisors of the Marshall Creek Community Development District will hold its meetings for the Fiscal Year 2024 at the Marshall Creek Community Development District Amenity Center, 625 Palencia Club Drive, St. Augustine, Florida at 4:00 p.m. on the third Wednesday of each month.

The meetings are open to the public and will be conducted in accordance with the provisions of Florida law for Community Development Districts.

There may be occasions when one or more Supervisors will participate by telephone. The meetings may be continued in progress to a time, date, and location stated on the record without additional publication of notice.

Any person requiring special accommodations at these meetings because of a disability or physical impairment should contact the District Office at (954) 603-0033 at least 48 hours prior to the meeting. If you are hearing or speech impaired, please contact the Florida Relay Service at 7-1-1 for aid in contacting the District Office.

Each person who decides to appeal any action taken by the Board with respect to any matter considered at these meetings is advised that person will need to ensure that a verbatim record of the proceedings is made, including the testimony and evidence upon which such appeal is to be based.

PalenciaOnline.com